

**Staff Wellbeing policy**

Reviewed November 2024

**Statement of Intent**

This policy is a declaration of support for and commitment to the wellbeing and mental health of everyone working in this setting

**Aims**

This setting will protect, promote, and enhance the well-being and mental health of everyone working within this setting.

This setting understands protecting the well-being of staff is essential for improving morale and productivity.

This setting will provide an inclusive and supportive working environment for everyone who works at the setting.

**Method**

* Staff will support each other and work as a team to check in on each other and to share experiences.
* The management team will support staff with policies, procedures and resources.
* Have a space where staff can take time to recover from a stressful situation.
* All staff will contribute to creating a respectful and productive working environment.
* All staff will be willing to help and support their colleagues.
* Staff will be signposted to local services as necessary.
* Every practitioner to be aware of and have access to the right kind of support when they need it.

This policy was adopted at a meeting on 1st October 2023

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Although under constant review, an overall review date has been set for **September 2025**